Tracking a Tuberculosis Outbreak Over 21 Years: Strain-Specific Single-Nucleotide Polymorphism Typing Combined With Targeted Whole-Genome Sequencing

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Background. Whole-genome sequencing (WGS) is increasingly used in molecular-epidemiological investigations of bacterial pathogens, despite cost- and time-intensive analyses. We combined strain-specific single-nucleotide polymorphism (SNP) typing and targeted WGS to investigate a tuberculosis cluster spanning 21 years in Bern, Switzerland.

Methods. On the basis of genome sequences of 3 historical outbreak Mycobacterium tuberculosis isolates, we developed a strain-specific SNP-typing assay to identify further cases. We screened 1642 patient isolates and performed WGS on all identified cluster isolates. We extracted SNPs to construct genomic networks. Clinical and social data were retrospectively collected.

Results. We identified 68 patients associated with the outbreak strain. Most received a tuberculosis diagnosis in 1991–1995, but cases were observed until 2011. Two thirds were homeless and/or substance abusers. Targeted WGS revealed 133 variable SNP positions among outbreak isolates. Genomic network analyses suggested a single origin of the outbreak, with subsequent division into 3 subclusters. Isolates from patients with confirmed epidemiological links differed by 0–11 SNPs.

Conclusions. Strain-specific SNP genotyping allowed rapid and inexpensive identification of M. tuberculosis outbreak isolates in a population-based strain collection. Subsequent targeted WGS provided detailed insights into transmission dynamics. This combined approach could be applied to track bacterial pathogens in real time and at high resolution.

Keywords. tuberculosis; outbreak; whole genome sequencing; genomic epidemiology; screening.
epidemiology” [10], this emerging field uses WGS to detect unknown transmission events, identify superspreaders, and exclude or confirm epidemiologically suspected transmission links [11–14]. Moreover, WGS can also be used to detect drug resistance mutations [15]. Even though routine WGS has the potential to replace classical genotyping [14, 16], analyzing WGS data remains resource-intensive and requires further standardization to meet public health needs, particularly for tracking ongoing outbreaks in real time [9].

In 1993, a tuberculosis outbreak was reported in the canton of Bern, Switzerland [17]. Twenty-two cases were involved, and their M. tuberculosis isolates shared identical IS6110 RFLP patterns. As in other affluent countries [18, 19], this outbreak involved mainly homeless individuals and substance abusers. In 2012, we studied the molecular epidemiology of tuberculosis in Switzerland. We used the classic methods of spoligotyping and MIRU-VNTR to genotype 520 M. tuberculosis isolates from patients in whom tuberculosis was diagnosed between 2000 and 2008 (12.3% of all culture-confirmed tuberculosis cases in Switzerland during the study period) [20]. Among 68 isolates from the canton of Bern, 2 were identified as belonging to the same outbreak described in 1993, indicating that this particular strain was still circulating in the area.

In the present study, we used a combination of single-nucleotide polymorphism (SNP) typing and targeted WGS to track the spread of the outbreak over 2 decades. Using representative isolates from the historical outbreak, we first developed a novel strain-specific SNP-typing assay to rapidly and inexpensively identify all tuberculosis cases caused by this strain in the canton of Bern between 1991 and 2011. We then applied targeted WGS to all cluster isolates identified by the screening assay to study the outbreak dynamics in relation to social contact information.

METHODS

Study Setting and Sample Set

We subcultured 1642 patient isolates available from the M. tuberculosis strain collection at the Institute for Infectious Diseases (Bern, Switzerland). These isolates were all collected between 1991 and 2011 and correspond to 84.6% of all 1940 tuberculosis cases (all forms) notified in the canton of Bern during the same period (Figure 1). Subcultures were performed on Löwenstein-Jensen slants according to international laboratory standards. Purified DNA for WGS was obtained using the CTAB extraction method after subculturing a single colony in 7H9 liquid medium [21]. Bulk extracts (ie, without single colony selection) were available for 4 isolates.

The collection included the 22 historical outbreak isolates reported by Genewein et al [17]. One strain isolated in 1987, before systematic collection was started in 1991, was also included (P028, originally termed “patient 1” [17]). Finally, for 1 outbreak patient from 1991, we identified an additional strain isolated in 1988 (P006A, originally termed “patient 2”; Figure 1).

Cluster Strain–Specific SNP-Typing Assay and Screening of Strain Collection

We performed WGS on 1 historical outbreak isolate from 1992 [17] and 2 isolates from 2005 and 2008 with the same MIRU-VNTR and spoligotyping patterns [20] associated with the so-called Bernese cluster, as described below. We also performed WGS on 2 isolates with the same spoligotyping pattern (isolation years, 2001 and 2004) but a different MIRU-VNTR pattern (3 and 4 different loci, compared with the outbreak isolate), 1 additional lineage 4 isolate from another study, and the reference strain H37Rv (Figure 2). The 3 outbreak isolates shared...
118 SNPs not observed in any of the control isolates (Figure 2). We used one of these outbreak-specific SNPs (878 174 GA; position in reference to H37Rv) to develop a real-time polymerase chain reaction (PCR) SNP-typing assay (TaqMan, Life Technologies, Switzerland), as described previously [22]. All 1642 available isolates were screened for the presence of that SNP. For confirmation, we subjected all isolates with a mutation at this position to a second, phylogenetically redundant SNP-typing assay (981 565 CT). Both SNPs were selected to be synonymous and located in genomic regions suitable for primer and probe design.

WGS and Phylogenetic Analyses
All isolates identified by the screening assay and the additional serial isolate from patient P006 were subjected to Illumina WGS at GATC Biotech (Konstanz, Germany), with a median nucleotide coverage of 157.3 reads (range, 29.1–896.9 reads). Sequence read mapping and SNP calling was done as previously described [23]. We considered SNPs with a coverage of at least 10 sequencing reads and a value of 20 in the Phred-scaled quality score. SNPs in genes annotated as “PE/PPE/PGRS,” “maturase,” “phage,” “insertion sequence,” or “13E12 repeat family protein” were removed. Additionally, positions with missing nucleotide calls in at least 3 isolates were excluded. We used a second short-read alignment tool (SMALT, Wellcome Trust Sanger Institute, United Kingdom) to obtain SNP calls. Only positions called by both methods after filtering for the criteria mentioned above were included for further analysis. A subset of 28 SNPs was confirmed by Sanger sequencing (Supplementary Materials).

A genomic network with all variable positions was generated using Fluxus Network Software (http://www.fluxus-engineering.com) and the median joining algorithm. Arlequin 3.5.1.12 [24] was used to calculate genetic distances and fixation indices (FST) to estimate population separation between genomic subclusters. Statistical significance was calculated with permutations.

Raw sequencing data are available under accession number PRJEB5925 (European Nucleotide Archive).

Clinical and Sociodemographic Data Collection
We collected clinical and sociodemographic data for all patients identified as belonging to the cluster. Treating physicians, hospital archives, the Bernese Lung Association, and the cantonal health authorities collected the data, using standardized questionnaires. We also collected contact tracing information for confirmed or presumptive links among cluster patients. The

Figure 2. Initial neighbor joining phylogeny of Mycobacterium tuberculosis isolates. Three whole-genome sequences from the historic outbreak and 4 control isolates were used to identify single-nucleotide polymorphisms (SNPs) specific to the outbreak genotype. Node support was assessed by bootstrapping over 1000 pseudo-replicates and is indicated as a percentage.

Figure 3. Epidemic curve of the 68 patients identified as tuberculosis cluster cases. Gray boxes indicate patients associated with the social milieu (homeless individuals and/or substance abusers). One additional patient isolate (P028; isolated in 1987) reported in the original publication [17] and pre-dating the systematic collection of isolates in 1991 was included in the study. For 1 patient from 1991 [17], a second isolate (P006A; isolated in 1988) was available and was therefore backdated.
National Tuberculosis Surveillance Registry (Federal Office of Public Health) provided basic demographic data (age, sex, birth place, and disease site) for all tuberculosis cases notified in the canton of Bern between 1991 and 2011.

**Definitions**

We categorized patients as having new tuberculosis, recurrent tuberculosis, or an unknown previous treatment status, according to international definitions [25]. Links between cases were considered confirmed for contacts named in the contact tracing information. Links between cases were considered presumptive when contacts were not clearly named but were strongly supported by other contact tracing information (ie, visiting common hotspots of transmission, shared housing, and shared place of work). Alcohol abuse was defined as daily consumption of alcohol, and smoking was defined as past or current smoking. We defined “milieu” as a combined variable capturing high-risk populations (substance abusers and/or homeless individuals) and/or patients frequenting high-risk settings (ie, drug injection places, methadone distribution places, and homeless shelters).

**Statistical Analyses**

We used $\chi^2$ tests or Fisher exact tests to assess differences between groups in binary variables and the Wilcoxon rank sum test to assess differences between groups in continuous variables.

### Table 1. Comparison of Tuberculosis Outbreak Tracking Methods, Considering the Scenario of the Present Study (68 Outbreak Patients of 1642 Patient Isolates to Be Screened)

<table>
<thead>
<tr>
<th></th>
<th>This Study</th>
<th>SNP Assay for Identification of Cluster Isolates (n = 1642)</th>
<th>Targeted WGS of Identified Cluster Isolates (n = 69)</th>
<th>WGS of Entire Collection (n = 1642)</th>
<th>MIRU-VNTR (n = 1642)</th>
<th>Spoligotyping (n = 1642)</th>
<th>Contact Tracing</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Estimated cost, US$$^a$$</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Per isolate</td>
<td></td>
<td>3 (SNP assay)</td>
<td>330 (targeted WGS)</td>
<td>330</td>
<td>49</td>
<td>26</td>
<td>High</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>4926$^b$ (SNP assay)</td>
<td>22 770 (targeted WGS)</td>
<td>541 860</td>
<td>80 458</td>
<td>42 692</td>
<td></td>
</tr>
<tr>
<td><strong>Advantages</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rapid identification of cluster isolates; inexpensive</td>
<td></td>
<td>Highest resolution among cluster isolates; additional information (eg, drug resistance mutations)</td>
<td>Highest resolution among all isolates (in all clusters); additional information obtained (eg, drug resistance mutations)</td>
<td>Current gold-standard for molecular epidemiology; can be semiautomated</td>
<td>Information on transmission hotspots for targeted prevention; information on secondary cases</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>No further resolution among cluster isolates; performance of assay depends on selection of initial isolates for WGS (eg, SNP selection)</td>
<td>Previous identification of outbreak isolates necessary</td>
<td>Expensive; extensive bioinformatic expertise necessary</td>
<td>Limited resolution within outbreak clusters</td>
<td>Low resolution of outbreak cluster analysis when used as single method</td>
<td>Expensive and time-consuming; misses many cases, particularly in high-risk populations</td>
</tr>
<tr>
<td><strong>Disadvantages</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prospective use</td>
<td></td>
<td>Can be used in real time once outbreak is identified and an assay established; highest resolution among outbreak isolates if used in combination with targeted WGS</td>
<td>In combination with SNP assay</td>
<td>Can be used in real time once bioinformatic expertise is established</td>
<td>Routine use</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Abbreviations: MIRU-VNTR, mycobacterial interspersed repetitive unit–variable number of tandem repeat; SNP, single-nucleotide polymorphism; WGS, whole-genome sequencing.

$^a$ Cost calculations were based on commercially available services (http://www.genoscreen.fr and http://www.gatc-biotech.com) or estimated according to in-house costs (as of August 2014). The total cost of SNP and targeted WGS analyses in this study was US$$27 696.

$^b$ For WGS of 6 initial isolates and screening using the strain-specific SNP-genotyping assay of 1642 isolates.
test for analysis of continuous variables. We investigated differences between (1) the characteristics of patients in the Bernese cluster and all other notified tuberculosis cases in the canton of Bern between 1991 and 2011 and (2) patients in the genomic subclusters.

Ethics Statement
Ethics approval for this study was obtained from the ethics committee of the canton of Bern. The treating physicians sought written informed consent from study participants. In most cases, however, informed consent could not be obtained because the patient could not be located or was known to have died. We therefore obtained permission from the Federal Expert Commission on Confidentiality in Medical Research to use the data provided by the treating physicians.

Role of the Funding Sources
The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the article.

RESULTS

Identification of Bernese Cluster Isolates by Strain-Specific SNP Typing

Using the strain-specific real-time PCR SNP-typing assay, we screened 1642 M. tuberculosis single patient isolates for the Bernese cluster–specific SNP (878 174 GA) and identified 71 of 1642 (4.3%) isolates as belonging to this cluster. All isolates but 3 were confirmed by use of a second, phylogenetically redundant SNP (981 565 CT). These 3 isolates with ambiguous results were excluded from further analysis, as subsequent WGS revealed mean pair-wise distances of 91, 148, and 174 SNPs to the other cluster isolates. In contrast, all other cluster isolates were separated by ≤19 SNPs (Supplementary Table 1). This corresponds to a specificity of 99.8% (3 false-positive results out of 1574 noncluster isolates), when considering our screening results based on only the first strain-specific SNP. All 22 historical isolates described in 1993 [17] were correctly identified by both SNP-typing assays (sensitivity, 100%) as having Bernese cluster genotype. Hence, we identified a total of 68 patients linked to the cluster strain (Figures 1 and 3).

For one patient, 2 isolates (P006A and P006B, isolated in 1988 and 1991, respectively) were available, and we included both for further analyses because of the central role of this patient described in the original study (originally termed “patient 2” [17]). Hence, we included 69 cluster isolates in the WGS analyses (Figure 1).

To illustrate the strengths of our novel combined approach, we compared the costs, advantages, and disadvantages of the different methods used in outbreak investigations of tuberculosis (Table 1). Our strain-specific SNP assay to screen 1642 isolates was approximately 15 times less expensive than the current gold standard based on MIRU-VNTR. A combination of the SNP assay and targeted WGS for 69 cluster isolates was approximately 20 times less expensive than performing WGS of the entire collection.

Description of the Tuberculosis Cluster Over 21 Years

Of the 68 patients in the Bernese cluster, 55 (80.9%) received their diagnosis during 1998 or earlier, and 13 received their diagnosis between 1999 and 2011 (Figure 3). The characteristics of the 68

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Bernese Cluster Cases (n = 68)</th>
<th>Other Cases (n = 1872)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age at tuberculosis diagnosis, y</td>
<td>41 (34–53)</td>
<td>44 (29–71)</td>
<td>.12</td>
</tr>
<tr>
<td>Sex</td>
<td></td>
<td></td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Male</td>
<td>54 (79.4)</td>
<td>1072 (57.3)</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>14 (20.6)</td>
<td>800 (42.7)</td>
<td></td>
</tr>
<tr>
<td>Birth region</td>
<td></td>
<td></td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Switzerland</td>
<td>57 (83.8)</td>
<td>888 (47.4)</td>
<td></td>
</tr>
<tr>
<td>Europe (without Switzerland)</td>
<td>10 (14.7)</td>
<td>398 (21.3)</td>
<td></td>
</tr>
<tr>
<td>Sub-Saharan Africa</td>
<td>0</td>
<td>227 (12.1)</td>
<td></td>
</tr>
<tr>
<td>Asia</td>
<td>1 (1.5)</td>
<td>284 (15.2)</td>
<td></td>
</tr>
<tr>
<td>Caribbean and Latin America</td>
<td>0</td>
<td>31 (1.7)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>36 (1.9)</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>0</td>
<td>8 (0.4)</td>
<td></td>
</tr>
<tr>
<td>Tuberculosis site</td>
<td></td>
<td></td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Pulmonary</td>
<td>64 (94.1)</td>
<td>1406 (75.1)</td>
<td></td>
</tr>
<tr>
<td>Extrapulmonary</td>
<td>4 (5.9)</td>
<td>466 (24.9)</td>
<td></td>
</tr>
<tr>
<td>Tuberculosis category</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>New case</td>
<td>54 (79.4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recurrent</td>
<td>7 (10.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>7 (10.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Imprisonment within 2 y of diagnosis</td>
<td>9 (13.2)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td>3 (4.4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alcohol abuse</td>
<td>39 (57.4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoker</td>
<td>41 (60.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Injection drug user</td>
<td>18 (26.5)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Homeless</td>
<td>21 (30.9)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV positive</td>
<td>13 (19.1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Homeless/substance abuser milieu</td>
<td>46 (67.6)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Residence</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bern City</td>
<td>37 (54.4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outside Bern City</td>
<td>29 (42.6)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>2 (2.9)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Data are no. (%) patients or median (interquartile range). Data for some characteristics were missing for the other cases notified to the Canton of Bern. Abbreviation: HIV, human immunodeficiency virus.
cluster patients, compared with characteristics of all other tuberculosis cases diagnosed in the same region and period, are presented in Table 2. Cluster patients were more likely to be male (79.4% vs 57.3%; P < .001), born in Switzerland (83.8% vs 47.4%; P < .001), and to have pulmonary tuberculosis as opposed to extrapulmonary tuberculosis (94.1% vs 75.1%; P < .001). The median age of the cluster patients was 41 years (interquartile range [IQR], 34–53 years), compared with 44 years (IQR, 29–71 years) for all other patients with tuberculosis (P = .12). Most (67.6%) of the cluster patients were part of the local injection drug scene and/or homeless milieu. Among cluster patients, 19.1% were infected with human immunodeficiency virus (HIV; HIV information was unavailable for noncluster patients). Four particular hotspots of tuberculosis transmission were identified within the milieu: 1) short-term homeless shelter, 2) long-term social integration home, 3) meeting point for injection drug and methadone supply, and 4) bar where substance abusers met. The distribution of cluster patients among these 4 transmission hotspots, the social milieu, and the general population are presented in Figure 4.

Contact investigation provided information on potential patient-to-patient links (Figure 4). Fourteen of 68 patients (20.6%) had confirmed epidemiological links (Figure 4). Confirmed links were more frequent between patients sharing transmission hotspots, indicating the large degree of social interaction in these settings. Only 1 confirmed link, between a father and his daughter (P040-P041), was identified in the general population.

WGS of Bernese Cluster Isolates
A total of 133 variable positions were identified among the 69 cluster isolates (Supplementary Table 2). We generated a median joining network using these 133 variable positions (Figure 5). Despite identical MIRU-VNTR and spoligotyping patterns (Supplementary Table 3), 52 of 69 isolates (75.4%) were discriminated by at least 1 SNP from their most closely related neighbor. The maximum number of SNPs between any 2 isolates was 19 (Supplementary Table 1), and the mean pair-wise distance (±SD) between all isolates was 6.0 ± 2.9 SNPs. Patient isolates with confirmed epidemiological links differed by 0–11 SNPs (Supplementary Table 1). No drug resistance–associated mutation was detected among the 69 cluster isolates (Supplementary Materials).

Subclusters and Key Patient
The genomic network revealed 3 independent star-like structures, suggesting (1) an early divergence of a shared ancestor strain into 3 subclusters (Figure 5A) and (2) the presence of one or several superspreaders. A fourth, more distantly related subcluster was separated by 9 SNPs from the nearest isolate (P006A; Figure 5A). In contrast, subclusters 1 and 2 were separated by 1 SNP, and subclusters 1 and 3 were separated by 2 SNPs. The average pairwise distance within each subcluster was 4.2 (subcluster 1), 3.1 (subcluster 2), 5 (subcluster 3), and 9.3 SNPs (subcluster 4). All corresponding SNP distances were larger between subclusters than within subclusters (4.8
Figure 5. Median Joining network using 133 variable single nucleotide positions (SNP) among whole genome sequences of Mycobacterium tuberculosis cluster isolates of the "Bernese cluster" outbreak. Branch lengths correspond to number of SNPs. Circle sizes correspond to number of isolates, median vectors (mv) are hypothetical genotypes. Position of "mv6" is the root of the network. A, Network showing the four identified sub-clusters. Darker circles in each subcluster indicate patients that were associated with the particular social milieu (homeless, substance abuser scene), lighter circles are patients in the non-milieu population. Underlined labels represent isolates that were identified in the original publication [17]. B, Network colored according to time period when the M. tuberculosis strains were isolated. C, Network showing patients associated with a particular hotspot.
SNPs between subclusters 1 and 2, 6.8 SNPs between subclusters 1 and 3, 12.2 SNPs between subclusters 1 and 4, 7.3 SNPs between subclusters 2 and 3, 12.6 SNPs between subclusters 2 and 4, and 14.6 SNPs between subclusters 3 and 4). Pairwise fixation indices (FST) between subclusters were between 0.24 (subcluster 1 and 2) and 0.67 (subcluster 2 and 4; \( P < .005 \) for all comparisons), further supporting the subcluster distinction.

The central position of subcluster 1 was occupied by the first isolate from the key patient, patient P006 (P006A; isolated in 1988) together with isolate P010. The second isolate from the key patient (P006B; isolated 1991) was found in the central position of subcluster 2. This suggests a second tuberculosis episode in patient P006, generating further secondary cases. Seven other isolates were genomically clustered with P006B and could also be the source of transmission in subcluster 2. However, patient P006 was a homeless substance abuser who was known to have interrupted treatment and had a history of treatment failure, and a key role for this patient in the outbreak was already suspected in 1993.

The central position of subcluster 3 remained unoccupied (ie, no isolate was available with this hypothetical genotype). This could be explained by an unsampled strain variant from patient P002 (ie, from a mixed infection of microevolved strains) that had been transmitted to other subcluster 3 patients. Such a variant would have been missed as a result of the single colony isolation step preceding WGS. Manual inspection of the corresponding Sanger sequence trace files generated from a separate DNA preparation without the single colony isolation step revealed a double peak at the SNP separating P002 from the hypothetical node mv2 (genomic position 2 156 041) in the bulk isolate of P002, indicating the presence of a mixed population in P002. Alternatively, an unsampled patient isolate (reported as “A,” “B,” and “C” by Genewein et al [17]) might correspond to the central position of subcluster 3.

When plotting the period of isolation of \textit{M. tuberculosis} strains in the genomic network (Figure 5B), we found no evidence that the different subclusters were associated with specific periods.

Finally, we compared the patient characteristics between the subclusters, excluding subcluster 4 (genetically distant, epidemiologically unrelated) and patient P006, whose isolates belonged to both subclusters 1 and 2. We found that HIV infection was more frequent in subcluster 1 (7 of 17 [41.2%]) than in the other subclusters (3 of 30 [9.7%] in subcluster 2 and 3 of 17 [17.6%] in subcluster 3; \( P = .04 \)). All 3 subclusters included a majority of individuals from the social milieu (12 of 17 [70.6%] in subcluster 1, 17 of 30 [56.7%] in subcluster 2, and 14 of 17 [82.4%] in subcluster 3; \( P = .19 \)). Subcluster 3 was
associated with 2 particular transmission hotspots: a long-term social integration home (1 of 17 [5.9%] in subcluster 1, 0 of 30 in subcluster 2, and 7 of 17 [41.2%] in subcluster 3; P < .001; Figure 5C), and a meeting point for methadone supply (1 of 17 [5.9%] in subcluster 1, 1 of 30 [3.3%] in subcluster 2, and 5 of 17 [29.4%] in subcluster 3; P = .02).

DISCUSSION

Using a novel combination of a rapid and inexpensive strain-specific SNP screening assay and targeted WGS, we tracked a tuberculosis cluster spanning 21 years and revealed the transmission dynamics among the outbreak patients.

Our study demonstrated the feasibility and advantages of tracking a tuberculosis outbreak by using a strain-specific SNP-based screening assay in a large population-based collection of M. tuberculosis isolates. We subsequently performed targeted WGS on the 69 identified cluster isolates, which, combined with social contact data, enabled us to retrace transmission dynamics at high resolution. The combined cost of 6 initial whole-genome sequences used to design the SNP-typing assay and the subsequent population-wide screening by real-time PCR was low (approximately US$4900), compared with the cost of screening all isolates with any other genotyping method. Additionally, the time required for screening was substantially reduced, making this a powerful approach for identifying and tracking tuberculosis outbreaks in real time. Even though our study was retrospective, our approach could be used to screen isolates prospectively.

Our results indicate that the sensitivity and specificity of this approach are nearly 100%. However, we could only estimate the technical test characteristic because WGS data were not available for the entire collection. Importantly, the performance of a strain-specific SNP-typing assay depends on the selection of SNPs, and the selection of SNPs depends on the isolates initially sequenced. For the successful design of such an assay, we recommend the following: (1) select at least 2 known clustered isolates for WGS, (2) include at least 2 control isolates with genotyping patterns closely related to but different from those of the clustered isolates (eg, MIRU-VNTR), (3) identify SNPs specific to all clustered isolates and absent in the control isolates, (4) exclude SNPs in genes known to be associated with drug resistance, (5) select SNPs suitable for probe and primer design, and (6) use at least 2 SNPs for the screening of isolates, as the specificity of each SNP might vary.

Using our combined approach and linking it to clinical and contact tracing data, we found that the tuberculosis cluster continued to propagate in Bern, mainly in particular transmission hotspots and in the originally described high-risk populations of substance abusers and homeless people [17]. This is consistent with previous reports from other low-incidence settings [4, 19, 26, 27]. The outbreak involved a key patient who caused numerous secondary cases, which corresponds to superspreader behavior. Most outbreak cases occurred between 1991 and 1995, followed by 16 years of sporadic cases, the majority of which were likely cases of reactivation tuberculosis. The cases in the early 1990s coincided with known peaks of heroin abuse in Switzerland. However, 32.4% of all cluster cases involved the nonmilieu population, possibly reflecting transmission from the milieu to the wider community. In retrospect, more secondary cases could have been identified if our novel screening method had been available in the 1990s. Indeed, strain-specific SNP typing would have provided an inexpensive method to identify outbreak cases more rapidly. Furthermore, targeted WGS would have identified superspreaders in a context where contact tracing is particularly difficult. Such superspreader behavior could have then been targeted with intensified control measures to interrupt transmission.

The targeted WGS analyses of all cluster isolates identified by strain-specific SNP typing shed new light on the transmission dynamics of the outbreak, compared with traditional genotyping methods. Whereas MIRU-VNTR and spoligotyping showed identical genotyping patterns, WGS revealed distinct genotypes for 76.5% of the Bernese cluster isolates. In particular, we identified 4 genomic subclusters not revealed by classical genotyping, likely reflecting concomitant but independent clusters of a common ancestral strain. However, the genetic distances between subclusters were small (1, 2, and 3 SNPs between subclusters 1, 2, and 3), and therefore the definition of “subcluster” may be debatable. The subclusters were, however, supported by FST values indicating separation of these populations.

Two sequential isolates from the key patient, isolated in 1988 and 1991, occupied the central positions of subclusters 1 and 3, respectively. This suggests that 2 disease episodes of this patient led to 2 independent star-like patterns in the genomic network, indicating superspreader behavior [12–14]. The central role of this patient was already suspected in the original description of the outbreak [17]. Hence, WGS analyses indicated that this patient likely caused more secondary cases than previously assumed.

Despite the many advantages of WGS, our results also showed that interpreting WGS data has limitations. For example, nearly 25% of cluster isolates were genomically indistinguishable from at least 1 other isolate. This emphasizes the need to include repetitive regions of the genome that are currently excluded because of technical limitations [28, 29]. Furthermore, there is increasing evidence that bacterial populations within patients are heterogeneous as a consequence of ongoing microevolution, further complicating the interpretation of transmission events [30]. In our study, genomes were generated from single colonies for most isolates. Yet, considering potential potential clonal variants that were randomly excluded from the sequencing process could influence the way transmission events are inferred. With improving sequencing technologies, future studies should sequence bulk isolates rather than single colonies and consider within-host
heterogeneity in bacterial populations. Mutations can also arise during laboratory culture; these could be avoided by performing WGS directly from sputum [31].

In conclusion, our strain-specific SNP-based screening approach offers a rapid and inexpensive way of tracking tuberculosis outbreaks retrospectively and prospectively. This novel screening method, combined with targeted WGS, can be used to guide control interventions by rapid and inexpensive screening, revealing transmission hotspots and missing links in transmission chains. Future studies could use this approach in real time to track ongoing outbreaks of tuberculosis and other infectious diseases in hospital settings, as well as population-wide.

Supplementary Data

Supplementary materials are available at The Journal of Infectious Diseases online (http://jid.oxfordjournals.org). Supplementary materials consist of data provided by the author that are published to benefit the reader. The posted materials are not copyedited. The contents of all supplementary data are the sole responsibility of the authors. Questions or messages regarding errors should be addressed to the author.

Notes

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